## MULTIPLE LOOP TISSUE CONNECTOR APPARATUS AND METHODS

## ABSTRACT OF THE DISCLOSURE

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A tissue connector assembly comprising a multiple loop fastener movable between an open configuration and a closed configuration and a restraining device attached to the fastener for restraining the fastener in its open configuration provides for a self-closing, multiple suture fastener. A needle may be releasably attached to the fastener. A method for connecting tissues is also disclosed. The method includes inserting a fastener through tissue with the fastener being biased in an open position by a restraining device secured to the fastener, threading the fastener through more than one stitch, and removing the restraining device from the fastener.